

# What Makes for a Healthy Start?

fyp.uoregon.edu

FALL 2021

## COURSES

### First-Year Experience Seminar

UGST 109

1 credit

### Mind & Brain

PSY 201

Core Education Science (>3)

4 credits

### Intro to Chemical Principles

CH 111

Core Education Science (>3)

4 credits

**\*This is a FIG Runway**

## CALENDAR

### First FIG Meeting

You will get to meet your FIG classmates, FIG Assistant (FA), and Faculty before classes start!

Check your FIG page in September to find out more details.

## ACADEMIC TEAM

### First-Year Experience Seminar Professor

Caitlin Fausey

Assistant Professor of Psychology  
fausey@uoregon.edu

### FIG Assistant

Trinity Gallardo

trinityg@uoregon.edu

## ABOUT THIS FIG

### FYE Seminar

How does the human brain get built? How do students apply classroom knowledge to real life? How do citizens construct communities that support young families? In this FIG, we'll tackle themes of development "from particles to policies" and learn how beginnings set up successful futures.

### Mind and Brain

Mind & Brain is part of a two-course sequence (with PSY 202 Mind & Society) that provides an overview of introductory psychology. This course covers experimental approaches to the study of the human mind and brain, including such topics as the history and methods of psychological research, the organization of the nervous system, sensation, perception, attention, learning, memory, cognition and consciousness.

### Introduction to Chemical Principles

This course familiarizes students with the foundational concepts and models of modern chemistry while emphasizing problem solving and critical thinking skills that will support students' success as they continue their studies. Fundamental mathematical techniques and skills are incorporated to illustrate the quantitative aspects of chemistry and to develop student ability to model quantitative systems.

## FIG RUNWAY

What Makes for a Healthy Start is a FIG Runway. This means that students take a year-long seminar with the same professor and 23 peers. FIG Runways let you build your first-year around tracking down answers to big, urgent, interesting questions and blaze a path through your Core Education requirements, while forming lasting connections with a group of peers.

## NEXT STEPS

After you're registered for your FIG, you will want to check out the Meet Your FIG page (<https://fyp.uoregon.edu/fall-2021-figs>). This page will have everything you need to know before the beginning of fall term, including how to email your FIG Assistant, your summer assignment, and when you will be meeting your FIG for the first time in September. In order to prepare for your coursework and be notified about important academic deadlines you will want to download the "Canvas" and "Navigate" apps to your devices. Also, be sure to visit the FYE Community page in September, which has all the resources you'll need to achieve success in your first-year (<https://fyp.uoregon.edu/community>). If you have questions about anything, make sure you email your FIG Assistant – they are here to help!



Division of  
Undergraduate Education and  
Student Success



# What Makes for a Healthy Start?

fyp.uoregon.edu

FALL 2021

Healthy Start in Life					
	Monday	Tuesday	Wednesday	Thursday	Friday
11AM					
12PM					
1PM					
2PM		PSY 201 15357 STB 156 2:00pm-3:50pm	UGST 113 15948 STB 154 2:00pm-2:50pm	PSY 201 15357 STB 156 2:00pm-3:50pm	
3PM					
4PM					
5PM					
*FIG contains WEB class					
CH 111		11476			

This FIG has an asynchronous remote class (which appears on the UO class schedule as “WEB”) that does not appear on this schedule. You are enrolled in all of the FIG classes, and can see them when you log on to Duckweb.

## ENROLLED IN A FIG AND CHANGE YOUR MIND?

Visit this link to find out the best way to make FIG changes for you: <https://fyp.uoregon.edu/fig-enrollment-2021>