

# What Makes for a Healthy Start?

fyp.uoregon.edu

FALL 2020

## COURSES

### College Connections

PSY 199  
1 credit

### Mind and Brain

PSY 201 - WEB Course  
Core Education Science (>3)  
4 credits

### Intro to Chemical Principles

CH 111  
Core Education Science (>3)  
4 credits

### \*This is a FIG Runway

## CALENDAR

### First FIG Meeting

You will get to meet your FIG classmates, FIG Assistant (FA), and Faculty before classes start!

Check your FIG page in September to find out more details.

## ACADEMIC TEAM

### College Connections Professor

Caitlin Fausey  
Assistant Professor of Psychology  
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### FIG Assistant

Kendall Soriano  
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Division of  
Undergraduate Education and  
Student Success

## ABOUT THIS FIG

### College Connections

How does the human brain get built? How do students apply classroom knowledge to real life? How do citizens construct communities that support young families? In this FIG, we'll tackle themes of development "from particles to policies" and learn how beginnings set up successful futures.

### Mind and Brain

Mind & Brain is part of a two-course sequence (with PSY 202 Mind & Society) that provides an overview of introductory psychology. This course covers experimental approaches to the study of the human mind and brain, including such topics as the history and methods of psychological research, the organization of the nervous system, sensation, perception, attention, learning, memory, cognition and consciousness.

### Introduction to Chemical Principles

This course familiarizes students with the foundational concepts and models of modern chemistry while emphasizing problem solving and critical thinking skills that will support students' success as they continue their studies. Fundamental mathematical techniques and skills are incorporated to illustrate the quantitative aspects of chemistry and to develop student ability to model quantitative systems.

## FIG RUNWAY

What Makes for a Healthy Start is a FIG Runway. This means that students take a year-long seminar with the same professor and 23 peers. FIG Runways let you build your first-year around tracking down answers to big, urgent, interesting questions and blaze a path through your Core Education requirements, while forming lasting connections with a group of peers.

## NEXT STEPS

After you're registered for your FIG, you will want to check out the Meet Your FIG page (<https://fyp.uoregon.edu/fall-2020-figs>). This page will have everything you need to know before the beginning of fall term, including how to email your FIG Assistant, if you have a summer assignment, and when you will be meeting your FIG for the first time in September. In order to prepare for your coursework and be notified about important academic deadlines you will want to download the "Canvas" and "Navigate" apps to your phone or any device you will be using. If you have questions about anything, make sure you email your FIG Assistant – they are here to help!

# What Makes for a Healthy Start?



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FALL 2020

Runway: Healthy Start in Life					
	Monday	Tuesday	Wednesday	Thursday	Friday
12PM				UGST 113 17138 REMOTE 00 12:15pm-1:45pm	
1PM					
2PM	CH 111 11607 REMOTE 00 2:00pm-3:00pm	CH 111 11607 REMOTE 00 2:00pm-3:00pm	CH 111 11607 REMOTE 00 2:00pm-3:00pm	CH 111 11607 REMOTE 00 2:00pm-3:00pm	
3PM					
<b>KEY</b>	Your FIG College Connections Class. Meet once a week with 20 peers, Faculty, and FIG Assistant (FA).		The lecture courses associated with your FIG.		Your discussion or lab section for lecture courses.

This FIG has an asynchronous remote class (which appears on the UO class schedule as "WEB") that does not appear on this schedule. You are enrolled in all of the FIG classes, and can see them when you log on to Duckweb.

## ENROLLED IN A FIG AND CHANGE YOUR MIND?

Visit this link to find out the best way to make FIG changes for you: <https://fyp.uoregon.edu/register>