



# This is Me

fyp.uoregon.edu

FALL 2020

## COURSES

### College Connections

J 199  
1 credit

### Media and Society

J 201 - WEB Course  
Core Education Social Science (>2)  
4 credits

### Mind and Society

PSY 202 - WEB Course  
Core Education Social Science (>2)  
4 credits

## CALENDAR

### First FIG Meeting

You will get to meet your FIG classmates, FIG Assistant (FA), and Faculty before classes start!

Check your FIG page in September to find out more details.

## ACADEMIC TEAM

### College Connections Professor

Derek Brandow  
Instructor of Journalism and Communication  
dbrandow@uoregon.edu

### FIG Assistant

Keely Miller  
kmiller9@uoregon.edu

## ABOUT THIS FIG

### College Connections

College Confidence is a course designed to give students opportunities to experience how to believe and behave in a way that aligns with their values as a person as they venture away from the securities of home. We will unpack specific value types (Captain, Exhorter, Relator, Observer) to discover which one best fits us, and how decision-making away from the security of home has a huge impact on how we live and relate to others. Experiences to help students uncover and understand their value type and embrace the confidence that allows us to live according to that value are: Presenting, improv, other exercises in stepping out of our comfort zone, deep dives into vulnerability and self-worth.

### Media and Society

Introduces the history, nature, and issues of the various media of mass communication and their effects on society. Why did media systems evolve as they did? Who determines the nature of media messages? Provides an overview of professional fields, including print and electronic news, magazine journalism, advertising, and public relations. Lectures, with discussion encouraged

### Mind and Society

Psychology is the systematic study of experience and behavior -- how we think, feel, and act. This course introduces psychology by considering many of the sources of influence that produce the variations and commonalities we see in human psychology. The scope includes topics relevant both to the understanding of "normal" human functioning and to mental illness. Mental illness is an important part of psychology, but many of the influences on the mind that produce mental illness are at play in mentally healthy minds too

## NEXT STEPS

After you're registered for your FIG, you will want to check out the Meet Your FIG page (<https://fyp.uoregon.edu/fall-2020-figs>). This page will have everything you need to know before the beginning of fall term, including how to email your FIG Assistant, if you have a summer assignment, and when you will be meeting your FIG for the first time in September. In order to prepare for your coursework and be notified about important academic deadlines you will want to download the "Canvas" and "Navigate" apps to your phone or any device you will be using. If you have questions about anything, make sure you email your FIG Assistant – they are here to help!



Division of  
Undergraduate Education and  
Student Success



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FALL 2020

This is Me					
	Monday	Tuesday	Wednesday	Thursday	Friday
10AM					
11AM					PSY 202 15741 REMOTE 00 11:00am-12:00pm
12PM					
1PM					
2PM					
3PM					
4PM	J 199 13473 REMOTE 00 4:15pm-5:45pm				
5PM					
<b>KEY</b>	Your FIG College Connections Class. Meet once a week with 20 peers, Faculty, and FIG Assistant (FA).		The lecture courses associated with your FIG.		Your discussion or lab section for lecture courses.

This FIG has an asynchronous remote class (which appears on the UO class schedule as "WEB") that does not appear on this schedule. You are enrolled in all of the FIG classes, and can see them when you log on to Duckweb.

## ENROLLED IN A FIG AND CHANGE YOUR MIND?

Visit this link to find out the best way to make FIG changes for you: <https://fyp.uoregon.edu/register>