Students Without Borders

**COURSES**

First-Year Experience Seminar
UGST 109
1 credit

Mind and Society
PSY 202
Core Education Social Science (>2)
4 credits

Cluster FIG
Choose one of the following:
BI 121 Intro to Human Physiology
GEOG 341 Population and Environment
WGS 221 Bodies and Power
CH 111 Introduction to Chemical Principles
CH 221 General Chemistry

**CALENDAR**

First FIG Meeting
You will get to meet your FIG classmates, FIG Assistant (FA), and Faculty before classes start!

Check your FIG page in September to find out more details.

**ACADEMIC TEAM**

First-Year Experience Seminar Professor
Jeff Measelle
Professor of Psychology
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FIG Assistant
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**ABOUT THIS FIG**

Students without Borders provides students with the chance to consider actions they can take that contribute to improving their communities — both local and global — by utilizing psychological theories and evidence about human well-being, community psychology theories about community engagement, and by applying scientific evidence that attests to the psychological value of being engaged in social change. We ask: “What can I do to help to make the world a better place?” A secondary theme of the class asks: “What steps can I take as a college student that will set me up to achieve a meaningful and purposeful life?” Throughout the term we consider how giving to one’s community is, in fact, foundational to life satisfaction.

Mind and Society
This course is an introduction to psychological research methods, child and adult development, personality structure and functioning, social processes in every-day life, cultural and cross-cultural models of human adaptation, and abnormal-clinical psychology. This course is part of a two-term sequence in introductory psychology. The other course in this sequence (PSY 201) emphasizes learning, perception, memory, and the role of neural structures in psychological processes. PSY 201 and 202 are not prerequisites for each other.

Cluster FIG
Cluster FIGs consist of only one co-enrolled core education course. A secondary 4 credit course is required, students will choose from the following list of courses:

- BI 121 Intro to Human Physiology
- GEOG 341 Population and Environment
- WGS 221 Bodies and Power
- CH 111 Introduction to Chemical Principles
- CH 221 General Chemistry

**NEXT STEPS**

After you’re registered for your FIG, you will want to check out the Meet Your FIG page (https://fyp.uoregon.edu/fall-2022-figs). This page will have everything you need to know before the beginning of fall term, including how to email your FIG Assistant, your summer assignment, and when you will be meeting your FIG for the first time in September. In order to prepare for your coursework and be notified about important academic deadlines you will want to download the “Canvas” and “Navigate” apps to your devices. Also, be sure to visit the FYE Community page in September, which has all the resources you’ll need to achieve success in your first-year (https://fyp.uoregon.edu/community). If you have questions about anything, make sure you email your FIG Assistant — they are here to help!

**ENROLLED IN A FIG AND CHANGE YOUR MIND?**

Visit this link to find out the best way to make FIG changes for you: https://fyp.uoregon.edu/fig-enrollment-2022