Food Matters

COURSES

First-Year Experience Seminar
UGST 109
1 credit

Food in World History
HIST 215
Core Education Social Science (>2)
Global Perspectives (>GP)
4 credits

Introduction to Food Studies
ENVS 225
Core Education Social Science (>2)
Global Perspectives (>GP)
4 credits

*This is a Deep-Dive FIG

CALENDAR

First FIG Meeting
You will get to meet your FIG classmates, FIG Assistant (FA), and Faculty before classes start!

Check your FIG page in September to find out more details.

ACADEMIC TEAM

First-Year Experience Seminar Professor
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ABOUT THIS FIG

FYE Seminar
“Come to the table” to see food is an amazingly powerful part of social and cultural life, not just calories to fuel our bodies! In this FIG you will learn how the study of food can help you understand some of the key challenges and opportunities facing humanity. Learn through visits to restaurants, markets, food pantries and gardens!

Food in World History
This course introduces students to the history of food practices from ancient times to the present. It has no prerequisites, and can be taken in lieu of a more general history survey or alongside one. The course is divided into two chronological halves, the first centered on the ancient and premodern world and the second on the modern world. Topics in the first half include the development of constellations of eating habits and culinary philosophies characteristic of major world religions and the long-distance transfer of foodstuffs and culinary philosophies through migration, conquest, and trade. The second half of the course covers such themes as the impact of food cultivation and harvesting on the environment, the industrialization of food systems, the rise of restaurants and fast food, and the relationship between cooking and eating and national, ethnic, class, and gender identities.

Introduction to Food Studies
This course provides an introduction to the emerging interdisciplinary “field” of food studies and an introduction to the place of food in society. Using a comparative global perspective, we will explore the complex ways in which our foodways have emerged and explore the roles food plays at present. We will examine large-scale patterns and as well as the more intimate ways we engage or experience food in our daily lives.

NEXT STEPS

After you’re registered for your FIG, you will want to check out the Meet Your FIG page (https://fyp.uoregon.edu/fall-2022-figs). This page will have everything you need to know before the beginning of fall term, including how to email your FIG Assistant, your summer assignment, and when you will be meeting your FIG for the first time in September. In order to prepare for your coursework and be notified about important academic deadlines you will want to download the “Canvas” and “Navigate” apps to your devices. Also, be sure to visit the FYE Community page in September, which has all the resources you’ll need to achieve success in your first-year (https://fyp.uoregon.edu/community). If you have questions about anything, make sure you email your FIG Assistant – they are here to help!

ENROLLED IN A FIG AND CHANGE YOUR MIND?

Visit this link to find out the best way to make FIG changes for you: https://fyp.uoregon.edu/fig-enrollment-2022