### Courses

**First-Year Experience Seminar**  
*UGST 109*  
1 credit

**How to Learn Languages**  
*LING 144*  
Core Education Social Science (>2)  
4 credits

**Any 1st or 2nd Year Language**  
4-5 credits

### About This FIG

**FYE Seminar**  
This FIG aims to increase students’ awareness of how languages are learned in general and how they learn them as individuals. During the course we will discuss what language and communication mean, learn how to apply specific language learning strategies for different modes of communication including intercultural communication, and develop metacognitive skills that will apply not only to language learning but learning and life in general (both personal and professional). Throughout the course students will have the opportunity to learn from experts in 2nd Language Acquisition and Pedagogy, Linguistics and International Studies. They will create e-Portfolios to track and show evidence of their proficiency growth in the languages they study and as learners in general. They will share the highlights of this teaching/learning experience with their peers as part of their final project.

**How to Learn Languages**  
In this course we will discover how to be more successful language learners (in particular), but also better learners in general. The skills taught in this class will be transferable to any learning endeavor you might take on. We will explore how to establish personal learning goals, how to learn collaboratively as a community, how to discover individual weaknesses and strengths as learners, and how to think critically and creatively about how we draw upon strengths and address weaknesses when faced with any new learning challenge. We will set individual language-learning goals and explore empirically validated learning strategies that will help reach those goals.

**Choose your Language Course**  
Enroll yourself in any of UO’s first or second year language courses! Examples include: SPAN 101, GER 101, PORT 101, KRN 101, SPAN 111, FR 111, FR 112, GER 201, JPN 201, SPAN 201 etc.

### Academic Team

**First-Year Experience Seminar Professor**  
Harinder Khalsa  
Instructor of Italian  
harinder@uoregon.edu

**FIG Assistant**  
Spencer Hutchinson  
shutchi4@uoregon.edu

### Calendar

**First FIG Meeting**  
You will get to meet your FIG classmates, FIG Assistant (FA), and Faculty before classes start!

Check your FIG page in September to find out more details.

### Next Steps

After you're registered for your FIG, you will want to check out the Meet Your FIG page ([https://fyp.uoregon.edu/fall-2021-figs](https://fyp.uoregon.edu/fall-2021-figs)). This page will have everything you need to know before the beginning of fall term, including how to email your FIG Assistant, your summer assignment, and when you will be meeting your FIG for the first time in September. In order to prepare for your coursework and be notified about important academic deadlines you will want to download the “Canvas” and “Navigate” apps to your devices. Also, be sure to visit the FYE Community page in September, which has all the resources you'll need to achieve success in your first-year ([https://fyp.uoregon.edu/community](https://fyp.uoregon.edu/community)). If you have questions about anything, make sure you email your FIG Assistant – they are here to help!
### Enrolled in a FIG and change your mind?

Speak to the World

Visit this link to find out the best way to make FIG changes for you: [https://fyp.uoregon.edu/fig-enrollment-2021](https://fyp.uoregon.edu/fig-enrollment-2021)

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