



Live to Eat, Eat to Live

fyp.uoregon.edu

FALL 2021

COURSES

First-Year Experience Seminar

UGST 109

1 credit

Nutritional Anthropology

ANTH 220

Core Education Science (>3)

Global Perspectives (>GP)

4 credits

Intro to Food Studies

ENVS 225

Core Education Social Science (>2)

Global Perspectives (>GP)

4 credits

CALENDAR

First FIG Meeting

You will get to meet your FIG classmates, FIG Assistant (FA), and Faculty before classes start!

Check your FIG page in September to find out more details.

ACADEMIC TEAM

First-Year Experience Seminar Professor

Larry Ulibarri

Instructor of Anthropology

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FIG Assistant

Abbey Ash

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ABOUT THIS FIG

FYE Seminar

In this course, we will explore ways Anthropology and Environmental Studies are connected, and discuss the many roles that food has played in our history and in our current lives, how food impacts our bodies and cultures, how food impacts our environments and the globe. What is food? What does it mean? Do you eat to live? Do you live to eat? Food can build and food can break people, and cultures. We will connect biological and cultural approaches as we explore the facets of food and nutrition.

Nutritional Anthropology

In this course, we study human nutrition through a biocultural lens. Thus, we focus on its scientific underpinnings and particularly on nutrition in relation to evolutionary adaptation, which means that we address ways in which culture both influences and is influenced by Homo sapiens' relation to food. This course examines nutrition in relation to evolution, adaptation and subsistence strategies, drawing on contemporary issues. Subsequently, we expand on the discussion of adaptation to include the role of environment, disease, in hunger, starvation, malnutrition and infant nutrition with special emphasis on the evolutionary feedback between environment, culture and globalization.

Introduction to Food Studies

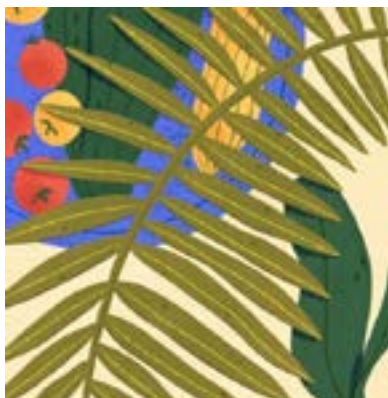
This course provides an introduction to the emerging interdisciplinary "field" of food studies and an introduction to the place of food in society. Using a comparative global perspective, we will explore the complex ways in which our foodways have emerged and explore the roles food plays at present. We will examine large-scale patterns and as well as the more intimate ways we engage or experience food in our daily lives. We will address key questions such as: Why use food as lens on society? How did the food system we have today develop? How does food help create meaning and identity for people in different cultural contexts?

NEXT STEPS

After you're registered for your FIG, you will want to check out the Meet Your FIG page (<https://fyp.uoregon.edu/fall-2021-figs>). This page will have everything you need to know before the beginning of fall term, including how to email your FIG Assistant, your summer assignment, and when you will be meeting your FIG for the first time in September. In order to prepare for your coursework and be notified about important academic deadlines you will want to download the "Canvas" and "Navigate" apps to your devices. Also, be sure to visit the FYE Community page in September, which has all the resources you'll need to achieve success in your first-year (<https://fyp.uoregon.edu/community>). If you have questions about anything, make sure you email your FIG Assistant – they are here to help!



Division of
Undergraduate Education and
Student Success



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FALL 2021

Live to Eat, Eat to Live					
	Monday	Tuesday	Wednesday	Thursday	Friday
12PM					
1PM					
2PM					
3PM					UGST 109 17640 CON 201 3:00pm-3:50pm
4PM	ENVS 225 17520 MCK 129 4:00pm-5:20pm		ENVS 225 17520 MCK 129 4:00pm-5:20pm		ENVS 225 17526 FR 106 4:00pm-4:50pm
5PM					
*FIG contains WEB class					
ANTH 220		17919			

This FIG has an asynchronous remote class (which appears on the UO class schedule as “WEB”) that does not appear on this schedule. You are enrolled in all of the FIG classes, and can see them when you log on to Duckweb.

ENROLLED IN A FIG AND CHANGE YOUR MIND?

Visit this link to find out the best way to make FIG changes for you: <https://fyp.uoregon.edu/fig-enrollment-2021>